

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 19 Jun 2023 until 23:59 on Tuesday 20 Jun 2023

Forecast Issued on Sunday 18 Jun 2023 at 12:57 by Met Office Aberdeen

Confidence: High for heavy rain at first, turning to showery conditions over the coming days. Lower for detail of precipitation.

Headline for Monday 19 Jun 2023: Heavy rain during the morning, turning to sunshine and showers into the afternoon.

Mountain weather hazards on Monday 19 Jun 2023

Blizzards
No Likelihood

Gales
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
No Likelihood

Heavy persistent rain
Medium Likelihood

Storm force winds
No Likelihood

Poor visibility
Medium Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Cloudy	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy rain showers	Sunny intervals	Sunny intervals
Precipitation probability							
20%	60%	80%	70%	60%	60%	30%	30%

Forecast for Monday 19 Jun 2023

Weather: Heavy rain will push northwards into the south of the region shortly after midnight, continuing northwards during the early hours. This rain will persist for much of the morning, gradually easing around midday. Heavy, perhaps thundery showers will follow behind. Into the evening there may still be the odd shower but it will be mostly dry with some late sunshine to end the day.

Chance of cloud-free hill tops above 800m: 80% at first but 40% in north. Decreasing to 40% across the region during the early hours. Increasing to 80% by early afternoon.

Low cloud and visibility: Scattered or broken low cloud, base 500-600m in north at first, widespread scattered or broken low cloud, base 500-700m across region from early hours, mainly clearing by early afternoon but perhaps few or scattered amounts of cloud lingering in far west for a little longer. Good or very good visibility at first, soon dropping to moderate or poor in heavy rain. Generally very good into the afternoon but temporarily reducing in showers.

Forecast for Monday 19 Jun 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	18/24 E	15/21 E	21/28 E	18/25 E	20/27 SW	25/34 SW	28/40 SW	26/36 SW	24/34 S
900	19/24 E	15/21 E	21/28 E	17/23 E	19/26 SW	24/34 SW	27/39 SW	25/35 SW	23/33 S
600	13/19 E	11/17 E	16/24 E	12/19 E	15/21 SW	18/28 SW	21/33 SW	19/29 SW	17/27 S
300	5/17 E	4/16 E	5/20 E	4/15 E	6/20 SW	8/26 SW	9/30 SW	9/27 SW	7/24 S
Glen	11/18 E	10/15 E	10/20 E	7/12 SW	10/19 SW	12/24 SW	13/26 SW	11/24 SW	10/23 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/7	9/6	8/4	9/6	9/6	9/5	9/5	9/5	8/4
900	11/8	10/7	9/5	10/6	10/6	10/6	10/6	10/6	9/5
600	13/11	13/10	11/8	12/9	12/9	12/9	12/9	12/9	11/8
300	14/14	14/13	13/12	14/13	14/13	14/13	15/13	14/12	13/12
Glen	18/16	16/15	16/14	15/15	16/15	17/15	17/15	16/14	15/14
Freezing Level*	2800m	2800m	2700m	2700m	2600m	2500m	2400m	2400m	2400m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Very wet conditions during the morning will make conditions unpleasant.

Forecast for Tuesday 20 Jun 2023

Weather: Perhaps a little low cloud at first on Tuesday with the odd shower but generally a dry and fine morning before scattered showers develop during the afternoon. Plenty of dry or sunny spells outside of showers.

Maximum wind: South or southeasterly 10-15 mph, gusting 20-25 mph at first.

Chance of cloud-free hill tops above 800m: 70% at first, increasing to 90%.

Low cloud and visibility: Few or scattered low cloud, base 600-800m at first in the south, lifting by late morning. Generally good or very good visibility but temporarily reducing in showers during the afternoon.

Temperature: **Glens:** Plus 13 rising to plus 21 Celsius.
At 800m: Plus 8 rising to plus 13 Celsius.
Freezing level: Above summits.